

Sudbourne Primary School

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10th November 2021

Dear Parents and Carers,

This year's Anti-Bullying Week has the theme 'One Kind Word' and is happening from **Monday 15th November - Friday 19th November 2021**. Kindness is one of our core values at Sudbourne and is more important today than it has ever been. The isolation of the last 18 months has underlined how little acts of consideration can break down barriers and brighten the lives of the people around us. Click [HERE](#) for this year's introduction video to find out more.



The week will begin with **Odd Socks Day** which is supported by CBBC and CBeebies star Andy Day and his band 'Andy and the Odd Socks'.

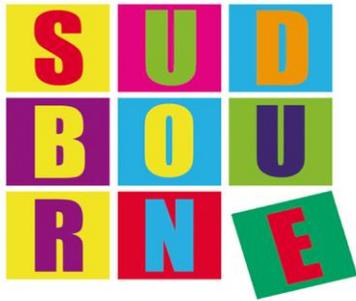
So, on **Monday 15th November** children can come to school wearing normal school uniform but wearing **odd socks**.

Odd Socks Day is designed to be fun! It's an opportunity to encourage people to express themselves and celebrate their individuality and what makes us all unique. There's a serious message behind the fun: let's pull on odd socks to show we're ALL unique and different, and let's be kind to each other and respect each other's individuality.

In class, we will be working on different activities throughout the week on the theme of 'One Kind Word.'

There are lots of brilliant resources we are using to support Anti-bullying week. The Anti-bullying Alliance has a fantastic website with lots of





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support for parents and carers. Click [HERE](#) for parents and carer resources to support your child.

For anyone who has a pet!

Why not enter your pet into the best pet odd socks competition!

BEST PET IN ODD SOCKS COMPETITION

Last year we saw so many of our furry friends in odd socks on Odd Socks Day. So during Anti-Bullying Week we will be holding competition for the best pet in odd socks. All you have to do is share a photo or video of your pet in odd socks on Twitter or Instagram and use the hashtags **#OddSocksDay** **#PetsInOddSocks** and tag **@ABAonline** **@AndyOddSock** during Anti-Bullying Week. We will share our favourite three each day of Anti-Bullying Week with the final round on the last day of Anti-Bullying Week.



Yours sincerely,

Jo Chevalier
Emotional and Wellbeing Lead

