

# Sudbourne Primary School

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22<sup>nd</sup> October 2021

Dear Parents and Carers,

We have had a busy and exciting term. The staff have worked tenaciously to keep the momentum of returning to more normal operation of the school. I would like to thank them a for all their determined work over the last half term. I would also like to thank you for your ongoing help as we move forwards through the autumn term as we plan events such as the winter fair and we look to add new governors to the full governing body.

## **Hello Yellow Day**

Thank you so much for all your support and donations for Hello Yellow Day - £205.36 was raised on the day for the charity, Young Minds. It was so wonderful to see classes full of yellow! We all really enjoyed celebrating World Mental Health Day. Nursery, Reception and Years 1 and 2 had fun reading the story 'The Colour Monster.' They talked about what makes them feel happy. Years 3-6 have started building a wellbeing tree full of positive affirmations. Each class also made a calming glitter jar to have in their class Time to Think area. As a school we have been learning about different breathing techniques to help to keep us calm.

**Years 3-6** watched a great clip about Mental Health. Click [HERE](#) to watch it.

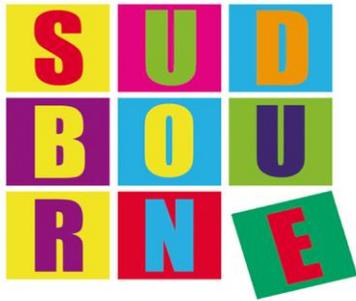
**Years 5 and 6** also watched this clip about Mental Helth. Click [HERE](#) to watch it.

The Colour Monster! A great book about emotions for **Nursery, Reception and Years 1 and 2.**

## **Extra Resources**

Click [HERE](#) to see the video we watched about the glitter jar. If you would like to make your own glitter jar with your child, please click [HERE](#). Click [HERE](#) to see some of the breathing exercises we have been learning.





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## NSPCC Number Day 2021

Congratulations to everyone at Sudbourne for coming together last year and raising money for the NSPCC Number Day 2021. We had such a fantastic time taking part in exciting maths activities and games throughout the whole school. Sudbourne managed to raise £293.09 in total which will go towards helping and supporting vulnerable children and families. Well done Sudbourne for giving back again!

## Message from Mrs MacLean, Assistant Head for Teaching and Learning

The 144 Club is back! After half term the children in years 3-6 will be able to try out for the exciting 144 Club! This is a times tables competition for anyone who would like to enter! Just find Sigrun or Ana in the playground at morning play to find out more. Special badges and a whole class reward are on offer. As well as your child's name displayed for all to celebrate on the 144 hall display. Good Luck and start practising!

## Survey

After half term I will be organising a survey for parents. I will be asking for your views on what information you would like to receive. This is so that we can update you on the things that you would like to know more about.

I wish you all an enjoyable break and look forward to seeing everyone after the half term break on Tuesday 2<sup>nd</sup> November.

Yours sincerely,

Richard Blackmore - Headteacher

